

Nyoooz
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'Magic leaves' healing for Indian soldiers

Kolkata: A stick of dry moxa leaves may soon become an essential part of every Indian Army soldier's kit. A project by a Howrah research facility highlights the efficacy of the herb in curing ailments, especially those afflicting soldiers posted in cold and wet climates. Moxa also helps to cure diarrhoea and stress-related ailments. The Defence Research and Development Organisation (DRDO), which funded the project, carried out a series of trials and the results were encouraging.

They will now try it out on Army personnel. Our ultimate aim is to make moxa sticks an essential part of soldiers' kits. Each stick, weighing about 10 gram, is effective in extreme conditions, including in high-altitude areas.